

# Frequently Asked Questions: Enlighten<sup>®</sup>

## **How white will my teeth get?**

Enlighten Whitening can whiten up to 16 shades, results vary but if used correctly all teeth will whiten dramatically.

## **Will they look too white?**

No, natural teeth rarely look too white. Sometimes very white crowns can look wrong because they are made of porcelain.

## **Will my crowns, veneers or fillings change colour?**

No, sometimes you may need to change some of these after whitening.

## **Is there pain or discomfort?**

You may get some sensitivity; however, your dentist will give you easy-to-use desensitizing swabs to take home, which will work immediately. You will also receive a tube of Enlighten Serum toothpaste to brush with, while you wait for your trays, this also helps with sensitivity.

## **How long does it take?**

3 weeks after your dentist delivers your Enlighten whitening trays. The first 2 weeks the trays are worn overnight. On the third week for 1 hour a day.

## **How long does it last?**

Results can last indefinitely with some very simple maintenance, wearing the trays for 1 night every other month. Continuing to brush with Enlighten White toothpaste will also prolong results.

## **Is it safe?**

Completely, the materials used in Enlighten Whitening have been used in dentistry for over 100 years.

## **Can I spread the cost of treatment?**

Ask us about finance options available.